

Are you suffering physically, emotionally or silently and nothing seems to heal?

Is your body tired, constant headaches, weakness, chronic diseases, unexplained pain?

Or maybe it's your heart... Overthinking, heaviness, anxiety you can't explain. And you keep making dua but you feel like your healing is delayed.

Listen carefully...

When you call Allah don't just say "Ya Allah"

Call Him by the Names that carry your exact cure.

For your body:

❖ say "Yā Shāfi" (يَا شَافِي)

*-the One who cures every disease... seen and unseen.*

❖ Say "Yā 'Āfi" (يَا عَافِي)

*-ask Him for complete health... protection from illness returning.*

❖ Say "Yā Mu'āfi" (يَا مُعَافِي)

*-He doesn't just heal... He erases the sickness completely.*

For the pain you carry inside:

❖ say "Yā Raḥmān, Yā Raḥīm" (يَا رَحْمَان، يَا رَحِيم)

*-His mercy reaches places no one else can.*

When you feel weak, physically drained:

❖ say "Yā Qawiyy" (يَا قَوِي)

*-He gives strength to your body again.*

When your chest feels tight, your mind won't rest...

❖ say "Yā Salām" (يَا سَلَام)

*-He sends peace into your body and your heart.*

When you feel like your body or life is breaking...

❖ say "Yā Jabbār" (يَا جَبَّار)

*-He restores what's damaged... inside and out.*

And in those quiet moments of pain, whether it's illness or tears, just whisper...

❖ "Yā Latīf..." (يَا لَطِيف)

*He heals gently... slowly... perfectly.*

Your illness isn't unknown to Him. He is the One who wrote your cure before you even felt the pain.

Maybe healing isn't far, maybe you just needed to call the Name that unlocks it.

Use His Names daily, not just in pain. Healing begins where sincerity begins.